

MENU

Breakfast served ; 8am - 11:30am Weekends 9am - 11.30am Weekdays Lunch & bar bites served 11:30am - 5:00pm Selection of cakes & pastries available all day





BIRTHDAY PARTIES

Available everyday of the week Kids congo birthday parties from £16.50 per child

Private Range & Party hire available upon request Enquire today at reception or email info@nfgc.co.uk

Members receive 15% off menu prices, only available using a valid members card.

Please inform our staff of any food allergies or dietary restrictions. Some dietary adaptation options may be available on request. Please note: Our kitchen may contain traces of nuts.

BREAKFAST MENU

Served until 11.30am every day

FULL ENGLISH

£15.45 **CLASSIC** Swannington sausages, smoked back bacon, free range eggs (fried, poached or scrambled), black pudding, hash brown, sautéed chestnut mushrooms, grilled tomato, baked beans served with sourdough, white or granary toast. gfa, dfa £11.95 LIGHTER A smaller version of the classic, but only one of every item. gfa, dfa £14.50 **VEGETARIAN** Vegan sausages, free range eggs (fried, poached or scrambled), sweetcorn fritters, hash brown, chestnut mushrooms, avocado, grilled tomato, baked beans served with sourdough, white or granary toast. vea, gfa, dfa

BREAKFAST EXTRAS

SAUTÉED MUSHROOMS	£1.75
GRILLED TOMATO	£1.75
BAKED BEANS	£1.75
EGGS (FRIED, SCRAMBLED OR POACHED)	£2.45
SMOKED BACK BACON	£2.55
SWANNINGTON SAUSAGE	£2.95
SWANNINGTON BLACK PUDDING	£2.50
HALLOUMI	£1.95
AVOCADO	£1.95
HASH BROWN	£2.25
BACON BAP Smoked back bacon in a brioche or white bun. gfa, dfa	£5.75
SAUSAGE BAP Swannington cumberland sausages in a brioche or white bun. vea, gfa, dfa	£6.25
FRIED EGG BAP Free range fried egg in a brioche or white	£5.25

Free range fried egg in a brioche or whit bun. <mark>vea, gfa, dfa</mark>

BREAKFAST BAGELS

SAUSAGE, BACON & EGG£8.95Sausage pattie, crispy smoked, streaky
bacon, fried egg and american cheese.

AVOCADO & HALLOUMI

£7.95

Sliced avocado, beef tomato and grilled halloumi.

PANCAKES

Homemade pancakes topped with;

NUTELLA	£8.95
BERRIES AND MAPLE SYRUP	£8.95
STREAKY BACON AND MAPLE SYRUP	£9.75

£4.25 CROISSANT All butter croissant served with butter and jam or Nutella. £3.50 TOAST Two slices of sourdough, white or granary toast, lightly buttered. £4.45 WITH JAM £5.50 **BEANS ON TOAST** Two slices of sourdough, white or granary toast, lightly buttered served with beans. £5.75 EGGS ON TOAST Two slices of sourdough, white or

granary toast, lightly buttered served with free range eggs (fried, poached or scrambled).

vea = vegan option available, gfa = gluten free available, dfa = dairy free available Please inform our staff of any food allergies or dietary restrictions. Please note: Our kitchen may contain traces of nuts.



SANDWICH MENU

Available in either a baguette, ciabatta, granary or white bread. Served with a dressed side salad and lightly salted crisps.

CHICKEN AND BACON MAYO	£9.95
TUNA MAYONNAISE WITH CUCUMBER	£10.95
BRIE, BACON AND CRANBERRY	£10.75
HONEY ROASTED HAM AND MUSTARD	£9.25
CHEDDAR CHEESE AND CHUTNEY	£9.25
BLT - BACON, LETTUCE AND BEEF TOMATO	£9.25
AVOCADO, LETTUCE AND TOMATO	£8.95
PULLED PORK AND MOZZARELLA (TOASTED)	£10.75
HALLOUMI, ROASTED RED PEPPER AND PESTO	£9.95
COD GOUJONS AND TARTARE SAUCE	£9.75

UPGRADE TO SKINNY FRIES FOR £2.50

Dairy free spread available (dfa). Gluten free bread/rolls available (gfa). Vegan cheese available (vea).

CLUB SANDWICH

Triple decker toasted sandwich on white or granary bread, with chicken, smoked bacon, lettuce, tomato and mayonnaise served with skinny fries.

£14.95

- HOMEMADE SOUP OF THE DAY £8.50 -

served with a warm sourdough roll. gfa,dfa

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BAR MENU

MAINS

HOMEMADE BEEF CHILLI Homemade beef chilli, rice, cheddar cheese, sour cream, jalapeños and tortilla chips. vea, gfa, dfa	£14.95
HAM, EGG AND CHIPS Honey glazed Gammon, fried eggs, chips and a dressed salad garnish. gfa, dfa	£14.75
SCAMPI AND CHIPS Wholetail breaded scampi, chips, garden peas, tartare sauce and charred lemon.	£15.45
HUNTERS CHICKEN Chicken breast wrapped in smoked bacon topped with bbg sauce and melted cheddar cheese served with chips and a dressed side salad. gfa, dfa	£16.25
ALL DAY BRUNCH Swannington sausages, smoked back bacon, free range fried eggs, chunky chips and baked beans served with white or granary toast. vea, gfa, dfa	£14.45
SALADS	

Served with your choice of toasted flatbread or a warm baguette.

GREEK SALAD Diced feta, olives, cherry tomatoes, cucumber and red onion drizzled with garlic olive oil and served with tzatziki dip.gfa	£8.25
CAESAR SALAD Romaine lettuce, croutons, parmesan cheese and caesar dressing.	£8.45
+ADD CHICKEN BREAST	+£6.50
+ADD BATTERED KING PRAWN	+£6.85
+ADD HALLOUMI	+£4.75

BURGERS

6oz SWANNINGTON BEEF

£16.45

6oz Swannington Beef Burger served in a toasted brioche bun with burger relish, lettuce, tomato, onion, and gherkin served with skinny fries and onion rings. vea, gfa, dfa

SOUTHERN FRIED CHICKEN £15.95

Served in a toasted brioche bun with garlic mayonnaise, lettuce, tomato and onion served with skinny fries and onion rings.

VEGGIE

£15.75

Spicy bean burger, grilled halloumi and sweet chilli sauce in a toasted brioche bun, skinny fries and onion rings. vea, dfa

ADD +	
CHEESE	£1.00
SMOKED BACK BACON	£2.55
CHEESE & SMOKED BACK BACON	£2.95

JACKET POTATOES

Baked Jacket potatoes served lightly buttered with a dressed salad garnish and coleslaw.

PLAIN vea, gfa, dfa	£8.75
CHEESE AND BEANS vea, gfa, dfa	£11.25
BACON AND CHEESE gfa, dfa	£11.95
TUNA MAYONNAISE gfa, dfa	£13.25
CORONATION CHICKEN dfa	£12.95
BEEF CHILLI AND CHEESE vea, gfa, dfa	£12.45

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BAR BITES MENU

CHIPS OR SKINNY FRIES vea, gfa, dfa	£5.75
SWEET POTATO FRIES gfa, dfa	£6.45
CHEESY CHIPS OR SKINNY FRIES gfa, dfa	£7.25
HALLOUMI FRIES	£7.25
GARLIC FLATBREAD vea, gfa, dfa	£6.65
CHEESY GARLIC FLATBREAD	£8.75
ONION RINGS	£6.25
SOUTHERN FRIED CHICKEN GOUJONS	£7.75
MOZZARELLA STICKS	£7.25
SWEET CORN FRITTERS vea, gfa, dfa	£7.45
WHITEBAIT	£7.95
TEMPURA PRAWNS	£8.25
SCAMPI	£7.95

- BAR BITES 3 FOR £18 -

PICK 2 DIPS; Garlic mayo, Sweet chilli, Tartare, Tomato salsa

LOADED CHIPS

BACON, MAC & CHEESE CHIPS £11.75 with truffle oil and crispy onions. Vegetarian option available.

TRUFFLE & PARMESAN CHIPS £9.25 vea, gfa, dfa

BBQ PULLED PORK FRIES £11.25 with mozzarella, jalapeños and sour cream. dfa

BEEF CHILLI FRIES £11.25 with mozzarella, jalapeños and sour cream. dfa

NACHOS

NACHO TORTILLA CHIPS	£9.95
topped with melted cheddar and mozzarella cheese, salsa, jalapeños, guacamole and sour cream.	
ADD BEEF CHILLI	+£3.45
ADD PULLED PORK	+£4.45

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HOMEMADE PANCAKES

Two mini pancakes	with berries and 1	maple syrup	£4.50
Two mini pancakes	with berries and 1	Nutella	£4.50

TOAST

1 slice of white or brown toast with jam 1 slice of white or brown toast topped with beans 1 slice of white or brown toast topped with scrambled egg

CREATE YOUR OWN BREAKFAST:

Mushroom, tomatoes or Beans Free range egg Smoked back bacon Swannington Cumberland sausage Hash brown

£1.90 (GFA, DFA) £2.40

(GFA, DFA) £0.95 each £1.00 each £1.25 each £1.50 each £1.00 each

£2.90

JUICE CARTON £2.75

Apple & Pear or Apple & Mango

FRUIT JUICE £2.75 Orange or Apple

SQUASH £1.50 Orange or Blackcurrant

J20 £3.75

Apple & Raspberry, Orange & Passionfruit or Apple & Mango

KIDS LUNCHBOX - £6.95

1/2 SANDWICH - HAM, CHEESE OR JAM + A JUICE CARTON PICK 3 FROM: CRISPS (POMBEARS OR CHEESE WOTSITS), CARROT OR CUCUMBER STICKS, FRUIT JELLY POT, RAISINS & SULTANAS, MINI GINGERBREAD MAN, MILKYWAY

PIZZA - Cheese & tomato pizza with fries <u>or</u> mash and beans <u>or</u> peas	£6.75
BEEF BURGER - 4oz Beef burger served in a toasted seeded bun, salad leaf and tomato with either fries <u>or</u> mash and beans <u>or</u> peas (GFA, DFA)	£7.45
SAUSAGES - with either fries <u>or</u> mash and beans <u>or</u> peas (GFA, DFA)	£6.95
CHICKEN OR COD GOUJONS - with either fries or mash and beans or peas	£7.25
MAC & CHEESE - with garlic bread	£6.45
JACKET POTATO - with cheese or beans (GFA, DFA)	£6.25

ICE CREAMS, HOMEMADE CAKES AND BAKES AVAILABLE FROM OUR COUNTER - SUBJECT TO AVAILABILITY.



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HOT DRINKS

COFFEE	REG	LARGE
BLACK COFFEE	£3.25	£3.75
CAFE AU LAIT	£3.45	£3.95
CAPPUCCINO	£3.75	£4.25
CAFFE LATTE	£3.95	£4.45
MOCACCINO	£3.75	£4.25
HOT CHOCOLATE	£3.95	£4.45

- DECAF OPTIONS AVAILABE -

TEA	CUP	ΡΟΤ
BREAKFAST TEA	£2.75	£3.45
DECAF TEA	£2.75	£3.45
EARL GREY	£3.00	£3.75
HERBAL	£3.00	£3.75

Green, camomile, peppermint, cranberry, raspberry or red berry

- OAT & SOYA MILK AVAILABLE -

PASTRIES

TOASTED TEA CAKE with salted butter	£5.45
TOASTED TEA CAKE WITH JAM with salted butter	£6.35
FRUIT SCONE with butter, strawberry jam and clotted cream	£6.75
CHEESE, CHIVE & MUSTARD SCONE	£6.50

with salted butter

- DON'T MISS -

HOMEMADE SAUSAGE ROLLS, CAKES & BAKES

Subject to availability - first come, first serve!

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DRAUGHT BEER & CIDER

CARLING	£5.20
HEINEKEN	£6.25
JUBEL	£6.50
ALPACALYPSE	£5.95
DOOMBAR	£5.25
ADNAMS WILDWAVE CIDER	£5.50
ADNAMS EASE UP	£5.95
MADRI	£5.90
GUINNESS	£6.75
ASPALL CIDER	£5.75
NORFOLK TOPPER	£5.25

BOTTLED BEER & CIDER

PERONI	£5.00
CORONA	£5.00
REKORDERLING Wild Berries or Strawberry & Lime	£6.25
GUINNESS 0%	£5.75
REKORDERLING 0% Strawberry & Lime	£4.95
HEINEKEN 0%	£4.75
GHOSTSHIP 0%	£4.95

WINE

WHITE WINE	£6.75
ROSE WINE	£6.75
RED WINE	£6.75
PROSECCO	£7.75

SPIRITS, SHOTS & MIXERS

SMIRNOFF VODKA	£4.40
ADNAMS COPPERHOUSE GIN	£4.75
ADNAMS COPPERHOUSE PINK GIN	£4.75
GORDONS GIN	£4.95
CAPTAIN MORGAN RUM	£4.45
CAPTAIN MORGAN SPICED RUM	£4.45
BACARDI RUM	£4.35
MALIBU RUM	£4.75
JAMESON WHISKEY	£4.75
JACK DANIELS WHISKY	£4.45
COURVOISIER BRANDY	£4.90
ARCHERS	£4.50
SOUTHERN COMFORT	£4.50
JOSE CUERVO TEQULIA	£4.50
SAMBUCA	£4.50
JAGERMEISTER	£4.50
SOURZ (CHERRY/PASSIONFRUIT/APPLE)	£3.75
DISARONNO	£4.50
BAILEYS (50ml)	£5.35
PIMMS (50ml)	£6.75
PEPSI/PEPSI MAX/LEMONADE DASH	£1.95
SODA DASH	£1.00
TONIC / TONIC LIGHT	£3.35
RED BULL	£4.00

SOFT DRINKS

PEPSI/PEPSI MAX/PEPSI DIET	£2.75
PEPSI/PEPSI MAX/PEPSI DIET PINT	£4.00
TANGO ORANGE ZERO/LEMONADE	£2.75
TANGO ORG ZERO/LEMONADE PINT	£4.00
APPLETISER	£3.75
CANS	£2.25
BOTTLES	£2.75
STILL WATER	£2.00
SPARKLING WATER	£2.95
FRUIT JUICE Orange or Apple	£2.75
FRUIT JUICE PINT	£4.00
J20	£3.75
Apple & Mango, Orange & Passionfruit or Apple & Raspberry	LJ./J

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